

BREAKFAST

Available between 7 am - 11 am Daily

SKÅL Restaurant

Adventurous

Carbless

Two poached eggs on a hash of roasted mushrooms, red peppers, red onion, breakfast sausage, and cheese curds*. Topped with fresh avocado, sprouts*, and our signature Skål-sa.

23.00

Vegan Breakfast Burrito ^{VG}

21.50

Tofu and turmeric scrambled “eggs”, roasted mushrooms, hashbrown potatoes, peppers, salsa, habanero hot sauce*, crispy onions, avocado, and sprouts* wrapped in a warm, soft flour tortilla. Served with fresh fruit.

Salmon Avocado Toast

In-house hot-smoked salmon, two poached eggs, smashed avocado, and dark rye toast*. Finished with dill oil, pickled onion, and lemon.

24.50

Indulgent

Finnish Pancakes ^V

Traditional crêpe-like thin pancakes (3) served with real maple syrup, berry compote, and chantilly cream.

18.50

Pulla Bread French Toast ^V

23.00

Traditional Finnish pulla bread* dipped in a batter infused with orange, cardamom, cinnamon, and vanilla. Served with real maple syrup and blueberry compote.

Oatmeal ^V

Slow-simmered rolled oats topped with real maple syrup, Greek yogurt, fresh blueberries, and banana chips.

13.00

V = Vegetarian | VG = Vegan | GF = Gluten Free

Prices do not include taxes or gratuities.

*Local Producers: Thunder Oak Cheese Farm / East Coast Lobster / Big Lake Pasta / Heartbeat Hot Sauce Co / Shaw Bakery / Veg-e-Tate Market Garden / Current River Bakery / Roma Bakery / Maltese Grocery

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Classics

Skål Breakfast

20.00

Two eggs any style with your choice of bacon (4) or sausage (3), home-fried potatoes, and toast (2).

Viking Breakfast

25.50

Three eggs any style with bacon (4), sausage (3), home-fried potatoes, and toast (3).

Eggs Benedict

23.50

Two poached eggs on Canadian peameal bacon and a butter-toasted English muffin, topped with hollandaise sauce.

Three-Egg Omelette

23.00

Fresh eggs and a blend of cheeses wrapped around your choice of three fillings: peppers, mushrooms, bacon, sausage, onion, tomato, or sprouts*.

Served with our signature Skål-sa, home-fried potatoes, and your choice of toast.

ADD ADDITIONAL FILLING \$2
ADD CHEESE CURDS* \$2

Sides (\$6 each)

Eggs (2)

Bacon (4)

Sausage (3)

Potatoes

Fruit

Oatmeal

Cereal

Gluten-Free Toast (+\$2)

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