

Forrett (Starters)

Dagens Suppe <i>Soup of the Day</i>	6
Kroppkakor (Potato Dumpling) <i>Potato • Pickle • Cheese Curds* • Skål-Sa • Heartbeat* Mayo</i>	14
Wings <i>Choose from Hot, Mild, Sweet Chili, Cajun, Skål Sauce, Lemon Pepper, or Honey Garlic, Served with Crudites and Ranch</i>	22
Nachos <i>Corn Chip • Cheese • Peppers • Jalapeño • Green Onion • Tomato • Salsa • Sour Cream</i> ADD CHICKEN \$8	22
Thunder Oak Poutine ^V <i>Fries • Poutine Sauce • Cheese Curds*</i>	12
Smoked Salmon Dip <i>Cream Cheese • Lemon • Smoked Salmon • Herbs • Lompe • Focaccia*</i>	16

Salat & Smørbrød (Salads & Sandwiches)

Greens & Garnish ^{V, GF} <i>Tender Greens • Sprouts* • Carrot • Gouda* • Tomato • Cucumber • Cider Dressing</i>	12
Grains & Ginger ^{VG} <i>Quinoa • Barley • Basmati Rice • Avocado • Cucumber • Sprouts* • Tomato • Edamame • Pear & Ginger Dressing</i>	12
Skål Burger <i>Beef • Brioche • Cheddar • Bacon • Crispy Onion • Sprouts* • Tomato • Skål Sauce</i> <i>Served with Fries, Soup, or Salad</i>	21
Butter Chicken Naan <i>Murgh Makhani • Crispy Chicken • Raita • Sprouts* • Spicy Pickles • Naan •</i> <i>Served with Fries, Soup, or Salad</i>	22
Black Bean Burrito ^{VG} <i>Black Beans • Corn • Heartbeat Hot Sauce* • Sprouts* • Avocado • Tomato • Rice • Crispy Onions</i> <i>Served with Fries or Salad</i>	20

Favoritter (Favourites)

Chicken & Bacon Club <i>Chicken • Bacon • Ciabatta* • Honey Miso Mayo • Greens • Tomato •</i> <i>Served with Fries, Soup, or Salad</i>	22
All Day Breakfast <i>Two Eggs • Potato • Bacon or Sausage • Toast • Preserves</i>	20
Three Piece Fish & Chips <i>Fries • Haddock • Danish Tartar Sauce • Lemon • Slaw</i>	24
Chicken Strips & Fries <i>Chicken • Fries • Plum Sauce</i>	22
Caesar Salad <i>Romaine • Focaccia* • Bacon • Lemon • Garlic • Parmesan</i> ADD GRILLED CHICKEN BREAST \$8	12

V = VEGETARIAN VG = VEGAN GF = GLUTEN-FRIENDLY

*Local Producers: Thunder Oak Cheese Farm, Veg-e-Tate Market Garden,
Shaw Bakery, Roma Bakery, Big Lake Pasta, Heartbeat Hot Sauce.
Prices are subject to change.

Middag (Entrées)

New York Steak <i>10 oz Angus AAA • Peppercorn Jus • Vegetables • Fries</i>	50
Thunder Oak Chicken <i>Crispy Chicken • Aged Gouda* • Spaghetti • Pomodoro • Vegetables</i>	35
Lemon Crusted Salmon <i>Salmon • Panko • Lemon • Honey • Fried Rice • Vegetables</i>	35
Baked Big Lake Pasta ^V <i>Creste Di Gallo* • Pomodoro Crema • Mozzarella • Gouda* • Garlic Toast</i>	28

Barna (Kids) 12 AND UNDER

Chicken Fingers (2 Pieces) <i>Fries • Plum Sauce • Vegetables</i>	12	Grilled Cheese <i>Fries • Vegetables</i>	8
Spaghetti & Tomato Sauce <i>Garlic Toast • Cheese</i>	8	Chicken Dinner <i>Chicken • Vegetables • Potato</i>	12

Sideordre (Sides) 6 each

Featured Soup	Vegetables	Green Salad	Caesar Salad
Ginger Fried Rice	Potatoes	Fries	Upgrade to Poutine

Dessert (Dessert)

Nordic Apple Pie <i>Apples • Crumble • Toffee • Ice Cream</i>	12
Ice Cream of the Month ^{GF} <i>Made In-House • Inquire Tableside</i>	10
Jordgubbstårta (Strawberry & Lemon Cake) <i>Sponge • Strawberry • Lemon • Cream</i>	12
Kladdkaka (Swedish Fudge Cake) <i>Chocolate • Vanilla • Cocoa • Raspberry</i>	12

Drikke (Beverages)

Coffee (Regular or Decaf)	3	Bottled Water	3.5
Black, Green, or Herbal Tea	3	Soft Drinks or Iced Tea	3
Hot Chocolate	3	Bottled Juice	3
Milk or Chocolate Milk	3.5	<i>Orange, Apple, Cranberry, or Grapefruit</i>	
		Non-Alcoholic Beer	4.5

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