

SKÅL Restaurant & Lounge



BREAKFAST

Valhalla

HOTEL & CONFERENCE CENTRE

Fresh and Nutritious

Skål Continental [∨] <i>Berry Yogurt Parfait, Banana Loaf, Seasonal Fresh Fruit</i>	\$19
Smoked Salmon <i>Onions, Capers, Lemon, Toasted Bagel, Seasonal Fresh Fruit</i>	\$18
Yogurt Bowl [∨] <i>Greek Yogurt, Banana, Cocoa Nibs, Hemp Seeds, Maple Syrup</i>	\$16

Skål Favourites

Buttermilk Pancake Stack [∨] <i>Stack of Four Pancakes, Choice of Plain or Blueberry, Butter, Maple Syrup</i>	\$18
Brioche French Toast [∨] <i>Fresh Berries, Whipped Cream, Maple Syrup</i>	\$18
Avocado Toast [∨] <i>Two Poached Eggs, Tomato, Breakfast Potatoes, Fresh Berries</i>	\$20

Essential Eggs

Two Eggs - Any Style <i>Choice of Bacon or Pork Sausage, Choice of Toasted Bread, Breakfast Potatoes</i>	\$20
Three Egg Omelette [∨] <i>Choice of Ham & Cheese or Peppers, Mushrooms, Cheese, Salsa</i>	\$20
Eggs Benedict [∨] <i>Choice of Back Bacon or Avocado & Tomato, Breakfast Potatoes</i>	\$22
Vegetable Hash [∨] <i>Two Poached Eggs, Hash Browns, Onions, Mushrooms, Peppers, Cheese, Salsa</i>	\$22

On The Side

Bacon \$5	Pork Sausage \$5	Two Eggs \$4	Cereal \$9	Breakfast Potatoes \$7
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Beverages

Mother Parkers® Coffee	\$3.00	Bottled Water	\$3.50
Red Rose® Orange Pekoe Tea	\$3.00	Iced Tea	\$3.00
Hot Chocolate	\$3.00	Soft Drinks	\$3.00
Milk or Chocolate Milk	\$3.50	Non-Alcoholic Beer	\$4.50
Milkshakes <i>Chocolate, Vanilla, or Strawberry</i>	\$5.00	Bottled Juice <i>Orange, Apple, or Grapefruit</i>	\$3.00

∨ = VEGETARIAN

Prices are subject to change.

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